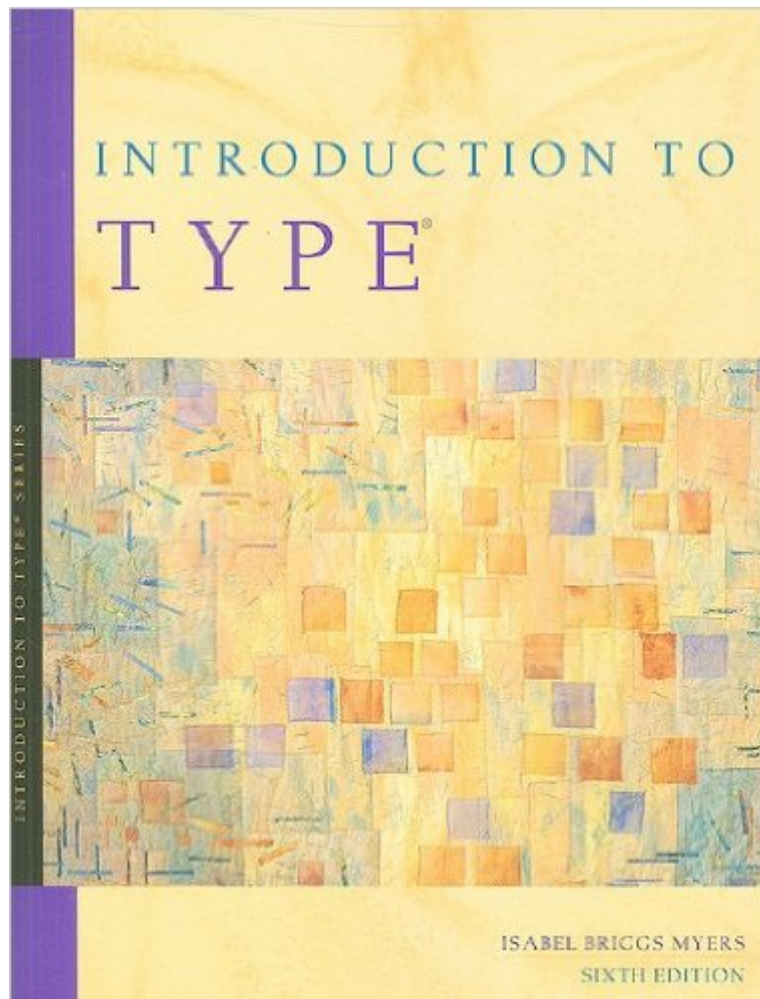


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# Introduction To Type: A Guide To Understanding Your Results On The MBTI Instrument



## Synopsis

Help clients integrate type concepts into their lives with this popular guide Use this helpful booklet during an introductory feedback session and for further exploration following the session. This edition offers refined descriptions of the 16 types reflecting current research. It also offers an in-depth exploration of the eight preferences and materials on type dynamics. It provides the essential information for understanding MBTI<sup>®</sup> results.

## Book Information

Series: Introduction to Type

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## Customer Reviews

This is the classic handbook for the Meyer-Briggs Type Indicator, the personality type test based on Carl Jung's theory of psychological type. Whether you're an extravert, introvert, feeling, thinking, intuitive or sensing type this manual has the essential explanations of psychological typology in a simplified format. You will also enjoy Isabel Briggs-Meyers book "Gifts Differing" which goes more deeply into the research and special topics such as type in marriage. "Introduction to Type" is required reading for anyone with a serious interest in typology. Highly recommended.

Very expensive for just a pamphlet. Not much more info than came with the test itself. Not impressed.

I used this book to help teach a class on this. It guided me through and helped me be able to explain how this works.

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